



# OSHA 10-Hour AND OSHA 30-Hour

## General Industry Voluntary Compliance Courses

10-hour | June 14-15, 2016

30-hour | June 14-17, 2016

SC Chamber of Commerce Office, Columbia, SC



Has it been more than three years since you last attended this course? Be aware that although the OSHA 10 & 30 cards don't have an explicit expiration date, Federal OSH no longer allows lost cards to be reissued after three years from the date of class completion.

Is it time for you to take a refresher course? **REGISTER TODAY!**



SOUTH CAROLINA  
CHAMBER of COMMERCE

## FEDERAL OSHA AUTHORIZATIONS

Participants who successfully complete either the OSHA 10-Hour or OSHA 30-Hour course will receive an official course completion card from Federal OSHA. The card currently does not expire and will be useful during an inspection, as it demonstrates your efforts and commitment to voluntary compliance with OSHA standards and regulations.

## WHY ATTEND?

There is nothing simple about the 1910 General Industry Standards. Containing more than 17,000 safety laws, the standards are both massive and complex. Both courses are designed to give detailed information on how OSHA must be implemented in the workplace. There is, however, one simple fact associated with these laws– the more people in your company who know the laws, the easier compliance becomes. Better compliance leads to fewer violations and fewer violations result in less expense, fewer fines and fewer injuries. Bottom line – understanding the standards will save your company money.

## WHO SHOULD ATTEND?

- Hospital maintenance personnel
- Hospital supervisors
- Human resource associates
- Human resource professionals
- Industrial engineers
- Lead personnel
- Maintenance personnel
- Plant managers
- Production engineers
- Production managers
- Safety associates
- Safety committee members
- Safety directors
- Supervisors

## ABOUT THE SPEAKER

**Wilder H. Allen** is a federal OSHA authorized instructor for general industry and construction with more than 33 years of professional experience. He is a former Indiana OSHA compliance officer trainer and is president of Safety Management Corporation, one of the leading OSHA training and compliance companies in the nation.



## COURSE DETAILS

Dollar for dollar, the 10/30-Hour OSHA courses are the best investment in safety and health on the job. Taught by OSHA-authorized instructor Wilder Allen, the courses are designed to present practical, proven information that can be implemented immediately in the workplace.

The 10-hour OSHA General Compliance Course gives a very broad overview of the major OSHA topics and regulations. It will provide participants with one and a half days of intensive review of current OSHA requirements in the area of occupational safety and health. For a more comprehensive look at the OSHA 1910 general industry regulations you should attend the four day, 30-hour OSHA General Compliance Course. This course covers the current occupational safety and health compliance topics in a lot more detail and is ideal for the safety professional who wants a complete understanding of the OSHA laws.

## **OSHA 10-HOUR/30-HOUR COURSE AGENDA**

### **DAY ONE – 8 a.m. – 5 p.m. (Lunch is provided)**

- Inspections, Citations, Penalties, Most Cited Violations
- Subpart D—Walking and Working Surfaces
- Subpart E—Exits, Exit Routes, and Fire Prevention Plan
- Subpart L—Fire Protection
- Subpart I—Personal Protective Equipment
- Hazard Communication

### **DAY TWO – 8 a.m. – 12:00 p.m.**

- Subpart O—Machine Guarding I
- Subpart S—Electrical
- Lockout/Tagout

10 Hour Ends

### **OSHA 30-Hour Class Continues**

### **DAY TWO Continued – 12:30 p.m. – 5 p.m.**

(Lunch is provided for 30-Hour Participants)

- Recordkeeping
- Respiratory Protection
- Subpart G—Hearing Conservation/Noise
- Introduction to OSHA Standards, Hazard Search Workshop
- Review of OSHA Standards
- Review OSHA.GOV
- Standards, Hazard Search Workshop

### **DAY THREE – 8 a.m. – 5 p.m. (Lunch is provided)**

- Subpart H—Hazardous Materials Part I
- Advance Lockout Tagout
- Electrical Safety-Related Work Practices
- Machine Guarding II
- Subpart Q—Cutting & Brazing
- Subpart P—Portable Hand and Power Tools
- Standards, Hazard Search Workshop

### **DAY FOUR – 8 a.m. – 5 p.m. (Lunch is provided)**

- Confined Space
- Hazardous Materials II
- Subpart N—Material Handling Equipment
- Powered Industrial Trucks
- Overhead Cranes
- Chains and Slings
- OSHA Update: What's New/Proposed
- Effective Safety and Health Programs
- Evaluation of Your Safety Program
- Final Hazard Review

## REGISTRATION

OSHA 10-Hour AND OSHA 30-Hour  
General Industry Voluntary Compliance Courses

### REGISTRATION FEES:

Select Fee

#### 10-Hour OSHA

- ☐ \$475 SC Chamber member early bird (by April 29)
- ☐ \$575 Non-member early bird (by April 29)
- ☐ \$495 SC Chamber member (after April 29)
- ☐ \$595 Non-member (after April 29)

#### 30-Hour OSHA

- ☐ \$675 SC Chamber member early bird (by April 29)
- ☐ \$775 Non-member early bird (by April 29)
- ☐ \$695 SC Chamber member (after April 29)
- ☐ \$795 Non-member (after April 29)

- ☐ Promo Code: \_\_\_\_\_

\* For companies sending 3 or more individuals, please contact Meredith Williams at [Meredith.williams@scchamber.net](mailto:Meredith.williams@scchamber.net) for special pricing.

### Cancellations/Substitutions

If unable to attend, substitutions are welcome any time prior to the program date. A 50% processing fee applies to all event cancellations. Registrants are responsible for the full registration fee for any cancellation made after 5 p.m., seven days prior to the event. Registration fees will not be refunded or waived after that date. No-shows will be charged the full registration fee.

### HOW TO REGISTER

web: [www.scchamber.net/events](http://www.scchamber.net/events)

Fax: 803.343.5887

Mail: South Carolina Chamber of Commerce  
P.O. Box 11827  
Columbia, SC 29211-1827

### LOCATION

South Carolina Chamber of Commerce  
1301 Gervais Street, Suite 1100  
Columbia, SC 29201

### HOTEL ACCOMMODATIONS

Marriott Columbia (within walking distance)  
1200 Hampton Street  
Columbia, SC 29201

Room Rate: \$119 (reserve by May 27, 2016)

Call 1-800-593-6465 and ask for the SC Chamber OSHA Training rate

**Group Code: OSHOSHA**

**TO REGISTER, PLEASE COMPLETE**

To process your order, the entire registration form must be complete

**REGISTRANT INFORMATION**

Registrant Name \_\_\_\_\_

Title \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime phone ( ☐ mobile ☐ home ☐ office) \_\_\_\_\_

Email Address (required) \_\_\_\_\_

Special Dietary Needs \_\_\_\_\_

**Complete for Additional Registrants**

Course   ☐ 10-Hour   ☐ 30-Hour

1. \_\_\_\_\_

Registrant Name	Title
E-mail	Special Dietary Needs

Course   ☐ 10-Hour   ☐ 30-Hour

2. \_\_\_\_\_

Registrant Name	Title
E-mail	Special Dietary Needs

Course   ☐ 10-Hour   ☐ 30-Hour

3. \_\_\_\_\_

Registrant Name	Title
E-mail	Special Dietary Needs

\*\*I understand that by providing the phone number and e-mail information above on behalf of the person/ company/organization specified above, I am authorized to and hereby consent for the person/company/ organization to receive communication by or on behalf of the South Carolina Chamber of Commerce

**Payment Information**

Total: \_\_\_\_\_

☐ check enclosed      ☐ visa    ☐ mc    ☐ discover    ☐ amex

Print Card Holder's Name \_\_\_\_\_

Credit Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ CVV \_\_\_\_\_ Billing Zip Code \_\_\_\_\_

Card Holder's Signature \_\_\_\_\_



SOUTH  
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COMMERCE

**South Carolina Chamber of Commerce**

1301 Gervais Street, Suite 1100

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